

4 FEBRUARY TO 12 NOVEMBER

2023

bo resort thermal

STAYS

BAGNOLES DE L'ORNE



A fully-integrated thermal resort in the heart of Normandy!

In the heart of the beautiful Normandy countryside, Bagnoles de l'Orne offers a wonderful setting for you to recharge your batteries. Its thermal waters have exceptional benefits for your well-being. Just 2 hrs 30 mins from Paris, b'o thermal spa resort invites you to enjoy a thermal cure as prescribed by a contracted doctor, a preventive treatment programme or simply a relaxing open from February through to November.

For more details about Bagnoles de l'Orne and the region, ask for our **Made in Normandy wellness magazine!**



Bagnoles de l'Orne and the surrounding region abound with natural, architectural and important historical and legendary treasures... Deep within the Normandy-Maine Regional Natural Park and its 267,000 hectares of forests and hedged farmland, the spa is the starting point for countless walking, horse-riding and cycling routes. The region also has many historical and cultural sites – including the Normandy landing beaches and the Cotentin peninsula – all within an hour and a half by car or coach from b'o thermal resort. Discover exceptional heritage full of character!

Well-being and leisure stays

B'o thermal resort is located at the source of the Bagnoles de l'Orne spring. The tourist complex comprises 4-star accommodation, **b'o cottage**, with all the charm of the Belle Epoque and a thermal spa, **b'o thermal spa**, which brings you all of Normandy's natural bounty with exclusive treatments based on apple and mineral water. b'o thermal resort meets every wish and expectation for both families and couples.





Thermal treatment programme

For a year in great shape, come to Bagnoles de l'Orne! To invest in your health, prevent problems, recover from an accident, find sustainable relief for joint pain, back pain or heaviness in your legs... Our treatment facilities combine expertise with all the benefits of Bagnoles de l'Orne thermal spring water, which is particularly effective for numerous pathologies, phlebology, rheumatology and gynaecology.

For more information, ask for our brochure **Thermal cure and preventive healthcare!**

WELCOME To **B'O THERMAL RESORT!**

A genuine tourist establishment, b'o thermal resort welcomes you for a relaxing holiday with your family or loved ones, or to take full advantage of your thermal cure as prescribed by a contracted doctor.

The vast forest surrounding the resort, its lake and its rivers create a relaxing, oxygenating and invigorating climate in Bagnoles de l'Orne. The charm of the spa town with its casino, restaurants and Belle Époque architecture promises to delight all your senses. The perfect destination for nature and wellness!







b'o thermal baths



b'o thermal spa



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Thermes*** residence



b'o cottage**** residence





OFFER THE UNIQUE BENEFITS OF NORMANDY AS A GIFT!



Relaxing stays, massages, Normandy treatments, apple-based cosmetics, and more...



A gift voucher for the amount of your choice, valid for 1 year.

To be used on any services within the resort⁽¹⁾. Order from Customer Services on +33 (0)811 90 22 33 (In France only: €0.05 per call + cost of a local call), by email at conseils@bo-resort.com or from the online shop at bo-resort.com.

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THE WELL-BEING DESTINATION IN NORMANDY

Framed against a backdrop of green, Bagnoles de l'Orne is an unrivalled treasure. With its Belle Epoque district, its castle, casino, gardens, lake and restaurants, as well as its villas from the roaring twenties, Bagnoles de l'Orne never ceases to reveal new delights around every street corner, and with every turn of the woodland path. A place of culture, leisure and relaxation, the spa retreat also maintains its festive heritage with a number of festivals that give a certain rhythm to the summer season. Home to the only thermal spring in the north west of France, Bagnoles de l'Orne is also the nearest resort to the capital. A real breath of fresh air, soothing and invigorating in turn.

ON the horizon, a lake, a forest stretching into the distance and elegant 19th century architecture: you've definitely arrived at Bagnoles de l'Orne, the unique Normandy leisure and well-being destination. Take the opportunity to explore the region and totally immerse yourself in nature! From the forest of Andaines, to Mont Saint-Michel, to the historic landing beaches, you can discover a thousand authentic places around b'o thermal resort.

MORE INFORMATION: Bagnoles de l'Orne Tourist Office: +33 (0)2 33 37 85 66 - bagnolesdelorne.com



The landing beaches of Normandy











B'O THERMAL SPA

A range of natural cosmetic products for everyone.

- 5 half-day treatment breaks
- Treatment programmes from half a day
- Treatment rituals
- Individual treatments
- Physical activities

B'O THERMAL SPA IN A FEW WORDS

At the heart of b'o thermal spa is the natural bounty of Normandy. Generous and wellpreserved natural surroundings synonymous with good living and well-being. Apples, thermal water... these are some of the local treasures that b'o thermal spa uses in its range of unique treatments.

TREATMENTS FOR ALL

As all of our products come directly from nature, b'o thermal spa gives you the choice to discover their unique properties as you wish!

For a day, a weekend or a longer stay, with individual treatments or as part of a package, you can tailor your visit according to your own wishes and desires!

SPACES DEDICATED TO WELL-BEING

B'o thermal spa has been designed to offer a unique sensory experience. The warmth of the wood, the green of the forest. Everything is reminiscent of nature, conducive to relaxation and soothing to the body and the senses.

So that everyone can relax at their own pace, b'o thermal spa offers different treatment areas: individual treatment rooms, sauna, walking tank, thermal water steam room and thermal water pool, relaxation areas (including a black light relaxation room), as well as communal areas such as the herbal tea room and a wooded setting perfect for sharing.

Poméol

B'O THERMAL SPA IS PARTNERING WITH POMÉOL, A LINE OF NATURAL APPLE COSMETICS AND TREATMENTS.

Poméol is the original "pomotherapy" brand created by Doctor of Pharmacy Laurent Didden.

Its nutrition and wellness expertise, combined with the properties of apples, offers you nutricosmetic care, inside and out, with proven effectiveness. Its products are manufactured in France and have received multiple awards from the Observatoire des Cosmétiques. They are an absolute must for our spa treatment protocols at b'o thermal resort. An exclusive collaboration that combines pleasure, relaxation and professional care.

Poméol allows you to prolong the spa experience at home thanks to its professional quality spa treatment products.





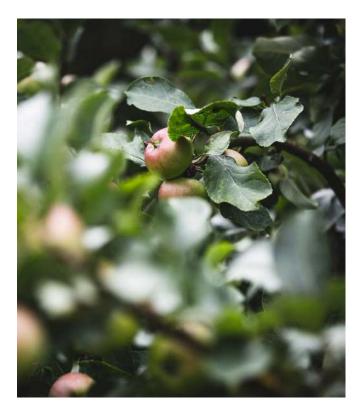
Did you know?

All of the individual treatments and packages at b'o thermal spa include complimentary access to the thermal water steam room, sauna, black light relaxation room, herbal tea room, walking tank and thermal water pool* (*subject to availability*).

* Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

5 HALF-DAY TREATMENT BREAKS

A true oasis of relaxation in a natural setting, b'o thermal spa offers many unique treatments using active ingredients from apples, combined with the unique properties of the thermal water around Bagnoles de l'Orne. Take the time to recharge your batteries and treat yourself to a wellness break with our 5 halfday breaks.



Find **our treatment**⁽²⁾ **and half-board accommodation packages on** page 29.

A medical certificate stating that there are no contraindications is obligatory for any treatment package longer than 3 days. Contact your doctor to get this document.

DETOX OXYGEN BREAK

21 treatments

€699

Your body feels depleted. It has accumulated toxins, mainly due to pollution, diet, stress, overwork, etc. This can have many consequences: tiredness, insomnia, dull skin, weight gain, loss of vitality, and so on. Our 21-treatment detox break invites you to recharge your batteries.

5 half days of treatments from Monday to Friday.

- 4 personalised hydromassage or soothing baths with chromotherapy using active ingredients from apples
- 2 relaxing and de-stressing clay therapies for the back
- 1 Kneipp treatment session⁽¹⁾
- 1 Poméol Pâte de Fruits body scrub
- 1 fresh mint Hydro Tonic wrap for heavy legs
- 1 exquisitely relaxing massage
- 1 personalised massage
- 1 affusion massage with natural mineral water
- 1 radiant facial treatment
- 2 general jet showers
- 2 affusion showers
- 1 oxygenating walk in the forest
- 3 of the following treatments (*subject to availability*):
 - 1 massage bed (hydrojet) session
 - 1 Plénitude[®] flotation bed session
 - 1 deep breathing session in a semireclined O2Chair®
- + 1 detox smoothie per day
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool, walking tank, herbal tea room and relaxation rooms.

⁽¹⁾ Kneipp treatment: localised shower for the lower limbs. The treatment alternates between a spray of hot mineral water (36 °C) and cold mineral water (18 °C) in fine droplets on your legs. This makes them feel lighter and stimulates circulation.
 ⁽²⁾ Treatment packages cannot be changed.

DE-STRESS BREAK

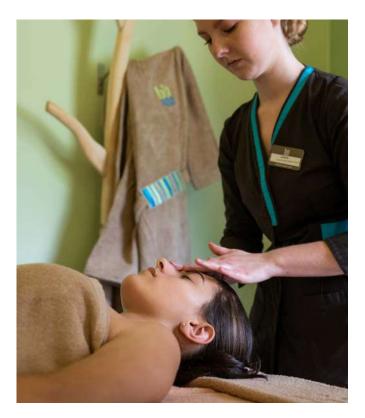
15 treatments

€399

Want to discover hydrotherapy treatments based on thermal water whose unique properties offer joint suppleness, relaxation, skin elasticity, etc.? Try our 15-treatment de-stress week.

5 half days of treatments from Monday to Friday.

- 4 personalised hydromassage or soothing baths with chromotherapy using active ingredients from apples
- 3 relaxing and de-stressing clay therapies for the back
- 1 general jet shower
- 2 detoxifying underwater showers
- 2 affusion showers
- 3 of the following treatments (*subject to availability*):
 - 1 massage bed (hydrojet) session
 - 1 Plénitude® flotation bed session
 - 1 deep breathing session in a semireclined O2Chair®
- + access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool, walking tank, herbal tea room and relaxation rooms.⁽²⁾





THE INSTANT 100% BREAK FOR HER

15 treatments

€535

The menopause represents a new stage in your life as a woman. Your body undergoes a physiological change. So it's a good time to take control with a 100 % relaxation and beauty break, with our package of 16 treatments.

5 half days of treatments from Monday to Friday.

- 3 personalised hydromassage or soothing baths with chromotherapy using active ingredients from apples
- 2 affusion showers
- 1 relaxing and de-stressing clay therapy for the back
- 1 pressotherapy session
- 1 massage bed (hydrojet) session
- 1 Plénitude® flotation bed session
- 1 unique natural facial treatment
- 2 general jet showers
- 1 Poméol Pâte de Fruits body scrub
- 1 Kneipp treatment session⁽¹⁾
- 1 personalised 50-minute massage
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool⁽²⁾, walking tank, herbal tea room and relaxation rooms.

⁽¹⁾ Kneipp treatment: localised shower for the lower limbs. The treatment alternates between a spray of hot mineral water (36 °C) and cold mineral water (18 °C) in fine droplets on your legs. This makes them feel lighter and stimulates circulation.

⁽²⁾ Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

THE BAGNOLES TREATMENT PROGRAMMES 1 AND 2 HALF DAYS OF TREATMENTS

To revitalise, release muscle tension, improve your circulation or simply relax, b'o thermal spa offers treatments to meet your needs and wishes, for half a day, two half-days or more. So you can enjoy the distinctive benefits of the thermal waters of Bagnoles de l'Orne, with its demonstrated effectiveness in improving venous disorders. You can choose the number of treatments according to your wishes.

DETOX PROGRAMME

Based on Bagnoles thermal expertise, the detox treatment programmes are designed to improve lymphatic and blood circulation in the lower limbs, recover flexibility and lightness in your legs and help eliminate toxins after physical activity.

DETOX PROGRAMME 1 half day

4 treatments

€155

- 1 lighter legs massage with Poméol Hydro Tonic oil
- 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples
- 1 Aquapress®* treatment exclusive to b'o resort thermal
- 1 Kneipp treatment session⁽¹⁾
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool⁽²⁾, walking tank, herbal tea room and relaxation rooms.



DETOX PROGRAMME 2 half days

7 treatments

€249

- 1 lighter legs massage with Poméol Hydro Tonic oil
- 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples
- 2 Aquapress[®]* treatments exclusive to b'o thermal resort
- 1 Kneipp treatment session⁽¹⁾
- 1 general jet shower
- 1 pressotherapy session
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool⁽²⁾, walking tank, herbal tea room and relaxation rooms.

*EXCLUSIVE AQUAPRESS® COMPRESS TREATMENT:

Based on medical research, the b'o thermal resort compress treatment combines the application of thermal water with gentle vascular compression to provide lasting relief to your legs and improve venous circulation. Exclusive to b'o thermal resort.

⁽¹⁾ Kneipp treatment: localised shower for the lower limbs. The treatment alternates between a spray of hot mineral water (36 °C) and cold mineral water (18 °C) in fine droplets on your legs. This makes them feel lighter and stimulates circulation.

⁽²⁾Thermal water pool not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

RELAXATION PROGRAMME

The relaxation programmes combine the benefits of thermal water and wellness treatments so you can gently unwind and relax.

RELAXATION PROGRAMME

1 half day

3 treatments

€140

- 1 personalised 20-minute massage
- 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples
- 1 relaxing and de-stressing clay therapy for the back
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool*, walking tank, herbal tea room and relaxation rooms.

See our accommodation rates page 30

RELAXATION PROGRAMME 2 half days

6 treatments €279

- 1 personalised 20-minute massage
- 2 personalised hydromassage or soothing baths with chromotherapy using active ingredients from apples
- 1 affusion shower
- 1 relaxing and de-stressing clay body wrap
- 1 of the following sessions (subject to availability):
 - flotation bed (Plénitude®)
 - massage bed (hydrojet)
 - deep-breathing chair (02chair®)
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool*, walking tank, herbal tea room and relaxation rooms.



* Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.



REVITALISATION PROGRAMMES

The revitalisation programmes help you to naturally eliminate the unwanted effects of daily stress on physiological functions, as well as on your mood, to restore serenity and regain your vitality.

REVITALISATION PROGRAMME 1 half day

3 treatments

€105

- 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples
- 1 relaxing and de-stressing clay therapy for the back
- 1 general jet shower or 1 affusion shower (*subject to availability*)
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool*, walking tank, herbal tea room and relaxation rooms.

REVITALISATION PROGRAMME 2 half days

6 treatments

€205

- 2 personalised hydromassage or soothing baths with chromotherapy using active ingredients from apples
- 2 relaxing and de-stressing clay therapies for the back
- 1 general jet shower
- 1 affusion shower
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool*, walking tank, herbal tea room and relaxation rooms.

* Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

FREEDOM PROGRAMME

1 half day

3 treatments

€115

- 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples
- 2 of the following sessions (subject to availability):
 - flotation bed (Plénitude®)
 - massage bed (hydrojet)
 - deep-breathing chair (02chair®)
- access to b'o thermal spa complimentary activities: sauna, thermal water steam room, thermal water pool⁽¹⁾, walking tank, herbal tea room and relaxation rooms.





MUM-TO-BE PROGRAMME 1 half day

4 treatments

€139

The mum-to-be programme is a unique moment for you to relax and take care of yourself before your baby arrives.

- 1 unique natural facial treatment
- 1 massage bed (hydrojet) session
- 1 Aquapress[®] treatment, exclusive to b'o thermal resort⁽²⁾
- 1 Plénitude® flotation bed session

The only treatment package available to pregnant women. See our recommendations page 26.



⁽¹⁾ Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.
 ⁽²⁾ Exclusive Aquapress[®] compress treatment: based on medical research, the b'o thermal resort compress treatment combines the application of thermal water with gentle vascular compression to provide lasting relief to your legs and improve venous circulation. Exclusive to b'o thermal resort.

BAGNOLES RITUALS

OUR TREATMENTS ADAPTED TO THE WELL-BEING OF TEENAGERS

The pace of life that young people face is often very intense. Physical and psychological changes, as well as hormonal imbalances, can impact their quality of life. Moments of well-being and relaxation are just as important for young people as they are for adults!

Offer them a wellness break with treatments designed specifically for them.

Based on traditional massage techniques, our teenage rituals reduce stress, offer total relaxation and boost energy.



TEEN RITUALS	
"So Good" Junior Ritual (age 13 to 16) Relaxing back massage followed by a purifying facial treatment.	€75
NEW "So Chilled" Junior Ritual (age 13 to 16) Complete back treatment: scrub, massage and clay therapy.	€75



Teenagers have complimentary access to the relaxation room and herbal tea room only.

B'O THERMAL SPA

With these rituals, created around the theme of apples, you can take advantage of several treatments (scrub, body massage, facial treatment, etc.) available to all – singles, couples, etc. Let your senses be your guide!

SOLO RITUALS				
Poméol Detox Ritual The detox ritual stimulates lymphatic and blood circulation. This treatment includes a Pâte de Fruits scrub, a Hydro Tonic wrap and a Hydro Tonic oil leg massage.	€115			
 Balm to My Skin Ritual 1 Poméol Pâte de Fruits body scrub 1 Poméol body wrap to be chosen in the treatment room 1 personalised massage (20 mins) 	€169			
 3 M Ritual (My Moment for Me) 1 clay body wrap 1 exquisitely relaxing massage 1 personalised hydromassage or soothing bath with chromotherapy using active ingredients from apples 	€189			
DUO RITUALS				
Duo Ritual with active ingredients from apples Sharing our natural apple treatments with a special someone is just perfect. • 1 Poméol Pâte de Fruits body scrub • 1 Poméol La Fabuleuse nourishing and creamy body wrap • 1 exquisitely relaxing massage (50 mins) • 1 soothing bath • 1 sweet treat to share	€409 for 2 people			
Duo Ritual with active ingredients from apples Share a detox experience for two • 1 Poméol Pâte de Fruits body scrub • 1 Poméol body wrap to be chosen in the treatment room • 1 "double idyll" signature massage (50 mins) • 1 soothing bath • 1 sweet treat to share	€409 for 2 people			



All of the individual treatments and packages give you complimentary access to the thermal water steam room, sauna, relaxation room, herbal tea room, walking tank and thermal water pool (*subject to availability*)*.

* Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

INDIVIDUAL TREATMENTS

All of Normandy's natural goodness will leave you glowing with inner and outer beauty thanks to a large range of massages and treatments. Feel wonderful from head to toe thanks to the natural antioxidant ingredients in apples and the phlebotonic properties of thermal water.

ENJOY A 10 % DISCOUNT

on rates for individual treatments and rituals when used from Monday to Thursday, excluding public holidays and the day immediately preceding them.

See our accommodation rates page 30.



SIGNATURE MASSAGES			
Affusion Massage with a fine spray of thermal water. This treatment, combining hydrotherapy and massage, relieves tension and many ailments.	€72 20 mins		
Personalised Enjoy the unique experience of a massage adapted to your needs and wishes in a close exchange between you and the practitioner. This treatment is fully personalised. You select the areas of the body to be massaged, and determine the type of treatment (energising, relaxing, detoxifying, soothing, etc).	€105 50 mins	€72 20 mins	
Exquisitely Relaxing A massage for general relaxation of the body with active ingredients from apples to help you to relax and sleep peacefully.	€105 50 mins		
Normandy Sports Massage Body massage with deep manipulations for muscle relaxation.	€105 50 mins		
Double Idyll Relaxing and detoxifying face and body massage. Using a wide range of manual techniques, this treatment helps to eliminate toxins.	€1 80 r		

Massages, facial and body treatments are also available in a double treatment room, with the same type of treatment and duration *(on request and subject to availability).*

BODY TREATMENTS	
Poméol Pâte de Fruits body scrub	€72
Speciality of Bagnoles. Complete body scrub.	20 mins
Poméol La Fabuleuse body wrap	€72
Creamy and moisturising body care to help you relax and nourish the epidermis for silky smooth skin.	20 mins
Fresh mint Hydro Tonic wrap for heavy legs	€72
This wrap contains a menthol complex providing an intense cold sensation that decongests, facilitates drainage, circulation and muscle relaxation. The feeling of heaviness is reduced and a tightening effect is felt. A feeling of freshness and light legs.	20 mins
Body wrap with hot clay	€59
All the benefits of Bagnoles de l'Orne thermal water combined with the warmth of a heated mattress to gently relax you.	20 mins
NEW Hydro Tonic Vitality body wrap	€72
A vitamin-rich formula based on ginger, orange and carrot with firming properties. This body wrap treatment hydrates, smooths and tones.	20 mins
NEW Lipo Reduce body wrap Our formula is enriched with lots of natural active ingredients including guarana, coffee and mate. The wrap stimulates the skin to shape the figure, smooth the curves and leave skin feeling soft.	€72 20 mins
 Personalised bath with chromotherapy, to be chosen in the treatment room as required: 1 soothing bath The generous benefits of Bagnoles mineral water in a bath with fine bubbles relaxes the legs, leaving the skin hydrated, soft and subtly perfumed. 1 hydromassage bath This deep bath offers you a moment of relaxation, a perfectly moisturised, oxygenated and subtly perfumed skin, thanks to the hydromassage by pressurised jets of thermal water at 34°C. 	€55 15 mins



Massages, facial and body treatments are also available in a double treatment room, with the same type of treatment and duration (*on request and subject to availability*).

All of the individual treatments and packages give you complimentary access to the thermal water steam room, sauna, relaxation room, herbal tea room, walking tank and thermal water pool (*subject to availability*)*.

* Thermal water pool is not available during aqua gym classes, Monday to Friday, from 2 pm to 2.40 pm. The walking tank remains accessible.

FACIAL TREATMENTS	
Unique natural facial treatment	€99
Fully personalised facial treatment according to your skin type. This treatment includes a cleansing, a scrub, a facial, neckline and scalp massage, mask application, a hand or foot massage during the mask application and the application of a day cream.	50 mins
Expert thermal facial treatment	€89
Personalised facial treatment according to your skin type. Includes an initial thermal water mist to prepare the skin followed by cleansing in the treatment room, a facial massage, a mask application and the application of a day cream.	50 mins
Facial radiance	€75
Facial radiance treatment according to your skin type. This treatment includes a cleansing, a scrub, a mask and the application of a day cream.	25 mins

GOOD TO KNOW

Our facial treatments are applied using our range of apple-based cosmetics. You can choose products to suit your skin type with the help of the beautician in the treatment room.



WELLNESS EXPERIENCES

O2Chair® In a semi-reclined position in a unique deep-breathing chair, you will be able control your breathing and achieve optimal well-being and relaxation.	€49 20 mins
Plénitude® Lying on a flotation bed, you will feel weightless enveloped by a water mattress. This sensation of being between waking and sleeping soon generates a state of total relaxation and reduces tension.	€49 25 mins
Pressotherapy session Using pneumatic boots, the device exerts increasing pressure all over the lower limbs in order to relieve vein blockages and improve circulation. Treatment for those suffering from lymphatic or circulation disorders.	€49 25 mins
Hydrojet (massage bed) You lie on a soft mattress under which jets of hot water give you an intense multi-zone massage, for deep muscle relaxation.	€49 15 mins
ThermAction detox special Lying in a bathtub with a cover from your feet to your waist, jets of thermal water alternating between warm and hot are projected from head to toe. This treatment smooths out muscular tensions with an effective detoxifying action, naturally cleansing the body of toxins.	€59 30 mins

PHYSICAL ACTIVITIES

COMPLEMENT YOUR STAY WITH PHYSICAL ACTIVITIES (individually or with a subscription).

Nordic walking session ⁽¹⁾	€16
Nordic walking takes place in the surrounding natural environment. The session, supervised by a sports coach, begins with a warm-up, walking at your own pace, using a pair of poles provided as "boosters", and ends with a warm-down (sessions supervised by a guide are subject to weather conditions).	105 mins
Gentle gym session ⁽¹⁾	€19
A qualified coach will lead you through exercises that are fully suited to your physical condition and needs. This will allow you to tone your muscles and maintain flexible joints with standing and sitting positions.	40 mins
Relaxation session in the thermal water pool ⁽¹⁾	€19
Exercises performed in zero gravity in a thermal water pool which allow risk-free and pain-free muscular, articular and cardiovascular movements.	40 mins

SUBSCRIPTIONS

5 muscle relaxation sessions in a thermal water pool €89 €54	3 Kneipp treatment sessions €79 3 x 10 mins	3 gentle gym sessions €54	3 Nordic walking sessions €45
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BUY 2 SESSIONS, GET THE 3RD FREE

3 hydrojet	3 02Chair®	3 Plénitude®	3 pressotherapy	3 ThermAction
sessions	sessions	sessions	sessions	sessions
€98	€98	€98	€98	€118
3 x 15 mins	3 x 20 mins	3 x 25 mins	3 x 25 mins	3 x 30 mins



(1) Excluding weekends

⁽²⁾ Session to be taken from Monday to Thursday. Named subscription.

RANGE OF NATURAL COSMETIC PRODUCTS

To (re)discover all the benefits of apple-based cosmetic products at home, visit our shops or our website. Treat yourself or someone else today!

COSMETIC RANGE BASED ON ACTIVE INGREDIENTS FROM APPLES

Poméol Did you know that apples a to create unique solutions of the solutions of the solution of the solution

Did you know that apples are naturally rich in polyphenols? Poméol selects the most powerful to create unique solutions with exceptional properties. Between nature and science, the apple contains many antioxidant, firming and moisturising properties.

FACIAL CARE					
Belle de Jour ointment - 50 ml Nourishes, revitalises and regenerates skin: Belle de Jour ointment is a complete solution for normal skin. Based on apples, it is made from natural ingredients. Suitable for all skin types.					
Belle de Jour rich ointment - 50 ml Nourishes, revitalises and regenerates: rich Belle de Jour ointment offers a complete solution for dry and demanding skin. Based on apples, it is made from natural ingredients. Suitable for dry and demanding skin.	€43.90				
Regard smoothing and reviving serum - 30 ml 3-in-1 action: Smooths - Evens - Purifies. Poméol eye serum is an exclusive formula that instantly smooths features and removes the signs of fatigue. It restores the skin's radiance and firmness and removes dark circles and puffiness for a radiant look!	€35.60				
Solution for imperfections of the complexion. 3-in-1 action: Purifies - Evens out - Mattifies. The skin is a true instrument of communication as well as expression, and as such it requires its beauty and cleanliness to be rejuvenated on a daily basis. Cleanses and leaves the skin looking and feeling smooth.	€35.80				
Belle de Jour activating serum - 50 ml Nourish, revitalise and regenerate. With its light texture and intense oxygenation from its high concentration of active ingredients, you will love to use this serum again and again. Suitable for all skin types.	€43.90				
Magic Pulp brightening and plumping serum - 50 ml Facial care for perfect skin. Wrinkles and other signs of ageing increasingly reduce skin quality. Magic Pulp has a double anti-ageing and skin-perfecting action.	€49.40				
Pâte de Fruits face scrub - 120 ml Designed to transform exfoliation into a sensory ritual, Pâte de Fruits smooths and nourishes facial skin to make it immediately soft and luminous. Both light and creamy, it is made from apple seed oil and fine particles of jojoba, silica and pearl, for their naturally smoothing, absorbing and toning properties.	€32.90				
FACE AND BODY CARE					
La Fabuleuse cream New-skin effect cream. 4-in-1 action: Regenerates - Protects - Hydrates - Refines. The skin's radiance and youthfulness are under daily attack. Let the natural beauty of your skin shine through in all seasons with this ingenious cream whose fluid	€21.90 75 ml				
texture allows a multi-zone application: Face: irregularities in complexion, signs of ageing, scars Body: tightness, stretch marks, scars Hands and heels: cracks and roughness 					
Revitalising beauty balm - face and body - 270 ml Designed as an instant beauty concentrate, this balm is a true ritual, rich and effective for all the senses. Its smooth texture immediately nourishes the skin with revitalising and energising active ingredients, leaving it silky, toned and luminous.	€43.90				

Pâte de Fruits body scrub - 270 ml Designed to transform exfoliation into a sensory ritual, Pâte de Fruits smooths and nourishes skin to make it immediately soft and luminous. Both light and creamy, it is made from apple seed oil – the heart of Poméol research – and particles of almond, apricot and walnut, for their naturally smoothing, absorbent and toning properties.	€43.90
Sensory shower gel - body and hair - 240 ml Hard water, stress, pollution, smoke, accumulation of products Our intense lifestyles have an adverse effect on our skin, scalp and hair. Designed as a gently rebalancing and cleansing care product, the original texture of our sensory body and hair shower gel is enriched with oatmeal, apple seed oil and mother-of-pearl. Your skin can breathe, your hair is left feeling silky and a real feeling of well-being seizes your senses.	€21.90
8 Virtues Care Oil - 240 ml 8 Virtues Care Oil is made from a selection of 8 vegetable oils with extraordinary health and beauty benefits: apple seed, organic sweet almond, tamanu, organic argan, apricot kernel, tsubaki, organic sunflower and hazelnut. It has the power to immediately invigorate the senses, tone and nourish the body and face, and enhance the hair.	€54.90
Lipo Reduce gel - 270 ml Refine your body shape. To fight effectively against cellulite, Poméol has created Boost LP, a slimming complex that combines the longan kernel and Adipomine. This powerful slimming complex boosts the fat-burning effect of caffeine. Combined with numerous natural active ingredients tested for their firming, detoxifying and slimming effectiveness, this formulation offers an effective solution against cellulite. Its gel texture penetrates quickly without leaving any residue and acts on localised areas of concern at the stomach, hips and thighs.	€34.70
Cleansing Oil - 240 ml Purify your skin. What if beauty were to start with make-up removal? The mild texture of Poméol Belle de Jour Cleansing Oil gently cleanses and purifies your skin while providing protective hydration. Japanese expertise applied to simple make-up removal while respecting your skin.	€27.40
Hydro Tonic Roll-On - 100 ml Drain. Poméol Hydro Tonic is an anti-cellulite slimming oil. Its roll-on applicator lets you accurately adjust the dose and start the massage. Your skin is covered with a soft and delicate layer as your figure reduces day after day, while the drainage action smooths out cellulite and tones the skin.	€33.90

EXCLUSIVE RANGE BY GASPARD YURKIEVICH

Towelling bathrobe in its presentation box

An ultra comfortable (480 g) unisex bathrobe with a hood, in a stone colour. The belt and loops are embroidered to highlight the quality finish of the bathrobe.

Price: €119



Order all year round and receive your products at home.

bo-resort.com

conseils@bo-resort.com (Free shipping for orders over \in 50)

Cosmetic products are also available in our shops in our treatment facilities and residences.



Weekend 2 days/1 night with breakfast and the 3-treatment Revitalisation programme package



Week 7 days/6 nights on a half-board basis with the 15-treatment De-stress package



⁽¹⁾ Contact Customer Services for details and terms and conditions of these offers.

b'o resort , Tout pour être bien, et mieux encore. Avenue des Thermes - CS 96114 Bagnoles de l'Orne conseils@bo-resort.com



PRACTICAL INFORMATION B'O THERMAL SPA

Discover our spa and benefit from treatments by our teams of well-being specialists every afternoon and Sunday morning. The b'o spa reception is open from Monday to Saturday all day and on Sunday morning.

ADVICE

To make the most of the effects of the treatments, hydration and rest are essential between each treatment or session.

TREATMENT TIME

The time indicated is the time taken for the treatment. The treatment start time shown on the treatment schedule must be respected so that it can be given in full. Any delay may result in a reduction of the treatment time.

ALL YOU NEED IS A SWIMSUIT!

Just bring your swimsuit (swim briefs or boxers for men), we'll lend you a free Gaspard Yurkievich bathrobe, a bag for your personal effects and sandals (for greater comfort, we advise you to bring your own sandals). And if you forget your swimsuit, you can purchase one from the spa's shop.



PREGNANT WOMEN GUIDANCE & REQUIREMENTS FOR TREATMENTS

- Between the 1st and 3rd months, only thermal water treatments are not permitted.
- Between the 4th and 6th months, all "gentle" thermal water, body or facial beauty treatments are permitted.
- From the 7th month, only facial beauty treatments and certain body treatments are permitted.
- Pregnant women may not enter the thermal water pool.
- A medical certificate stating that there are no contraindications is mandatory for any booking of an individual treatment or treatment package and for admission to the treatment. Contact your doctor.
- B'o thermal resort offers you the mum-to-be programme *(page 16).*
- Contact Customer Services for advice on
 +33 (0)811 90 22 33 (in France only: €0.05 per call
 + cost of a local call)

ADVANCE BOOKING

For your total comfort, we recommend booking your treatments in advance when you book your accommodation.

A medical certificate stating that there are no contraindications is obligatory for any treatment package over 3 days: Contact your doctor to obtain this medical certificate.

RÉSIDENCE B'O COTTAGE****

Whether alone, as a couple, or with family or friends, take a break and enjoy the warm Made in Normandy hospitality in an exceptional and friendly setting.

- "Love at first sight" weeks
- Overnight offers
- Exclusive services

Enjoy personalised well-being packages to recharge your batteries for a night, weekend or week.

THE B'O COTTAGE**** RESIDENCE IN A FEW WORDS

A WIDE CHOICE OF FULLY INDEPENDENT STUDIOS AND APARTMENTS

In keeping with the Bagnoles architectural style, our charming 4-star accommodation located in the heart of the thermal park combines Belle Époque style with the modernity of up-to-date tourist accommodation. b'o cottage offers generously sized luxury apartments, ranging from studios for 2 to family suites for 6 people (*details on page 30*), most of which have a balcony or private garden. Some of the apartments can be adjoining (*on request*). In addition to refined decor, apartments are equipped with a television with international channels, a fully equipped kitchen with a ceramic hob, dishwasher, microwave/grill, coffee maker, kettle and toaster, a bathroom with a walk-in shower, and new bedding (mattress, duvet and pillows). b'o cottage**** offers you all the comfort, space and essential services you need to enjoy a unique experience!

A PARADISE FOR CHILDREN

(More information on page 32)

B'o cottage**** has everything you need to keep your children happy. While parents enjoy a spa treatment, children aged 3 to 12 can play and get creative at Club Tib'o. Specially designed for children aged 3 to 12, Club Tib'o has everything to keep them entertained. Toy chests, materials for creativity and discovery... children are spoilt for choice, as they dive into painting, build forts, participate in the mini-Olympics and more... (Booking required, priority given to children whose parents are receiving treatments).

You'll find many activities on offer nearby in the heart of Bagnoles de l'Orne which cater to teenagers: forest adventure trails, bike trails, tennis, archery... Plenty of things to keep them entertained. (Book at the Tourist Office).

Each member of the family can do their own thing at b'o cottage**** before coming together to share their adventures and fun-filled activities of the day.

SPOTLIGHT ON... THE TEEN SPA!

B'o thermal resort already looks after children aged 3 to 12 at Club Tib'o. And 13 to 16-year-olds don't go empty-handed either.

Teenagers can enjoy apple-based treatments according to protocols that have been specifically designed for them (Teen Ritual p.17) and which they can share with friends or parents.

A good way to discover the benefits of looking after yourself at b'o thermal spa.

A MULTI-PURPOSE ACTIVITY COMPLEX FOR MAXIMUM ENJOYMENT

With different spaces reserved for sports, play and recreational activities, this truly multi-purpose leisure complex offers a vast array of different activities. Whatever your age and tastes, everyone can savour a moment of well-being and renewal.

- Indoor leisure pool which opens onto the outdoor solarium: 150m² pool with counter-current swimming area, whirlpools, submerged massage loungers, waterfall shower, swan neck shower & standing massage, hydromassaging corridor
- Children's swimming pool with 2 pools, water play, slide, water cannon
- Steam room

AN INTEGRATED RESTAURANT

Located in the b'o cottage**** residence, the restaurant, with breath-taking views from a terrace overlooking the orchards, also offers fresh seasonal produce. Here you'll find local cuisine prepared with a light touch to eat in or take away (*pre-ordering required*). With a varied range of high-quality services, b'o cottage**** pays close attention to the needs of its residents, allowing them to choose the options that suit them best. The measure of a successful stay is to be freed from your daily routine.

SPECIAL OFFERS "LOVE AT FIRST SIGHT" WEEKS

HALF-BOARD INCLUDED

WEEK FROM €612/PERSON

Great price and half-board free of charge

If you are in need of a bit more of a break, enjoy our excellent value "love at first sight" weeks. Relax in our spa with a programme of 15 de-stress or 21 detox treatments, then take advantage of the b'o cottage**** facilities, including leisure pool, steam rooms and more... In addition, you can take advantage of half-board accommodation at no extra cost!

	LOVE AT FIRST SIGHT WEEKS: YOUR CHOICE OF DE-STRESS OR DETOX						
	Arrival dates: 05/03, 12/03, 09/04, 07/05, 08/10, 05/11						
	Price for 2 people with treatments		Price for 2 people (1 with treatment and 1 without treatment)		Price for 1 person only with treatments		
	De-stress break	Detox	De-stress break	Detox	De-stress break	Detox	
Aulne studio	€1,224	€1,824	€1,053	€1,353	€1,053	€1,353	
Bouleau studio	€1,254	€1,854	€1,083	€1,383	€1,083	€1,383	
Chêne studio	€1,314	€1,914	€1,143	€1,443	€1,143	€1,443	
Douglas 2-room suite	€1,494	€2,094	€1,323	€1,623	€1,323	€1,623	

Contact us for the 3rd and 4th person.

These prices include:

- 6 nights stay at b'o cottage****, depending on the category chosen, based on two people sharing.
- Access to the b'o cottage**** facilities (leisure pools, steam room, outdoor solarium enclosure) and Club Tib'o (for opening times, see page 32).
- De-stress break or oxygen detox with 5 half days of treatments (break details on pages 11 and 12).



These prices do not include:

- The tourist tax of €2.20 per night and per adult (over the age of 18) collected on behalf of the local authority.
- Treatments and half board for accompanying persons.
- Security deposit of €250 (not cashed).





ARRIVAL FROM 3 PM AND DEPARTURE BEFORE 11 AM

ACCOMMODATION RATES

RATES PER NIGHT AND PER ROOM.

TYPE OF ROOM		
Aulne Studio with double or twin beds. No balcony.	STUDIO 2 people (approx. 24 m ²)	From €64
Bouleau Studio with double or twin beds.	STUDIO 2 people (approx. 26 m ²)	From €68
Chêne Studio with double or twin beds. Some have an armchair bed to accommodate a 3 rd person.	LARGE STUDIO 2 or 3 people (approx. 34 m²)	From €77
Douglas Living room with a double sofa bed + 1 bedroom with a double bed or twin beds.	SUITE 4 people (approx. 39 m²)	From €104
Epicéa Living room with a double sofa bed. Bedroom with double bed or twin beds + alcove with 2 bunk beds.	LARGE SUITE 6 people (approx. 45 m ²)	From €131

* Prices may vary depending on the season





The price per night includes:

- Accommodation based on the number of nights chosen (arrival after 3 pm and departure before 11 am), forest view.
- Bed made on arrival in double or separate beds according to your request (in suites, the sofa bed is presented closed, with a fitted sheet, duvet in its cover in the wardrobe, pillows with pillowcases, for 2-room suites double beds and bunk beds made).
- Bath linen provided
- (1 bath towel per person, bath mats and 1 bathrobe per adult).
- Housekeeping on departure (excluding kitchen and washing-up).
- A mini housekeeping kit on request from reception.
- Complimentary access to the indoor adult and children's leisure pools and the steam room until 11 am on the day of departure.
- Free access to the kids club on the dates indicated (on reservation and subject to availability).
- Television with digital terrestrial television reception and Canal+ package.
- Outdoor car park.
- Free Wi-Fi access.

These prices do not include:

- The tourist tax of €2.20 per night and per adult (over the age of 18) collected on behalf of the local authority.
- Cleaning of the kitchen and emptying of the bins (billed at $\in\!35$ if not done).
- The valley view supplement (details on page 31).
- Security deposit of €250 (not cashed).

OPTIONAL SERVICES AT B'O COTTAGE**** RESIDENCE

SERVICES	PRICES	TERMS AND CONDITIONS	
TAKEAWAY MEALS	'		
Breakfast kit ⁽¹⁾	€32 per 4 people to be collected from the restaurant.	1 litre milk + 1 litre orange juice + 250 g ground coffee + 4 butter portions + 2 tea bags + 8 sugar sachets + 4 hot chocolate sachets + 4 jam portions + 8 pastries + 1 baguette.	
Baker's basket	€8 per 2 people to be collected from the restaurant.	1 baguette + 4 pastries + 2 jams + 4 butter portions.	
Takeaway meal	Depending on the menu to be collected from the restaurant.	Dish of the day and/or homemade dessert (see menu) to be ordered the day before at the latest (picnic available).	
RESTAURANT			
Breakfast (Buffet) ⁽¹⁾	€15 per adult €8 per child (3 to 12 years)	Breakfast served in the restaurant at the residence (hot and cold buffet).	
Dinner (Buffet) ⁽²⁾⁽³⁾ Free for children under 2	€19.50 per 2 adult courses €23 per 3 adult courses €13 per child (3 to 12 years)	For the 2-course menu, a choice of starter/main course or main course/dessert.	
Half board ⁽¹⁾⁽³⁾	€38 per adult €21 per child (3 to 12 years)	1 breakfast + 1 dinner.	
LINEN AND HOUSEKEE	PING		
Daily housekeeping	Per day and per room €30 per studio flat €40 per 2-room suite	Bed made, bedrooms (vacuuming and dusting, excluding kitcl and washing-up) and shower room cleaned (including restock of toilet paper).	
Option to hire extra linen	€5 per bath towel hire €8 per adult bathrobe hire	In addition to linen provided in the apartments.	
MISCELLANEOUS			
Valley view	€10 per night per room	View of the orchard (subject to availability).	

⁽¹⁾ To be ordered when booking. ⁽²⁾ To be ordered when booking or the night before. ⁽³⁾ Excluding drinks.







BIKE RENTAL* (to be booked on-site)	1/2 day	Day	Week
Adult mountain bike	€10	€15	€75
Child bike	€6	€10	€50

* Unisex all terrain cycles, size M.

PRACTICAL INFORMATION ABOUT THE B'O COTTAGE RESIDENCE****

B'o cottage**** residence offers everything you'd expect from a 4-star establishment: spacious, tastefully decorated and fully independent apartments, a leisure pool for adults, a children's swimming pool, steam room and outdoor solarium, as well as Club Tib'o for 3 to 12-year-olds.

GOOD TO KNOW

We provide

- On the first day, bed and bath linen, one bathrobe per adult. Option to hire extra linen.
- Shampoo/shower gel in the shower cubicle.
- A mini cleaning kit is available on request at the reception.

We do not provide

- Sandals to access the leisure pools. For sale at the on-site shop. (€2.20 per pair of disposable sandals)
- Daily linen change and housekeeping throughout the stay.

RESTAURANT OPENING HOURS

- Breakfast, Monday to Saturday 7 am to 10 am, Sunday 7.30 am to 10.30 am.
- Dinner every evening 6.30 pm to 8.30 pm. Catering is by reservation and subject to availability.

ARRIVAL AT THE RESIDENCE OUTSIDE RECEPTION OPENING HOURS

Reception open Sunday to Thursday from 8 am to 8 pm and Friday and Saturday from 8 am to 10 pm. If you arrive outside these hours, please call Customer Services on **+33 (0)811 90 22 33** (in France only: €0.05 per call + cost of a local call) before 6 pm and inform them of your delayed arrival. They will explain how to access the b'o cottage**** residence at night.

CHILDREN WELCOME

- Adjoining apartments to make family stays easier.⁽¹⁾⁽²⁾
- Children under 2 stay free of charge in their parents' room (1 supplementary baby cot possible per room).⁽¹⁾⁽²⁾
- Travel cot hire⁽¹⁾⁽²⁾: €5 per stay
- Free access to Club Tib'o for 3 to 12-year-olds, open: - Every Saturday afternoon throughout the season.
 - During school holidays, only in the afternoons.
 - Closed on Sundays.

Booking required and subject to availability. Priority is given to children whose parents are receiving treatments.

- Free access to the paddling pools and leisure pool with water play equipment (not supervised).⁽²⁾
- Bike rental suitable for children.⁽²⁾

 $^{\scriptscriptstyle (1)}$ To be ordered when booking. $^{\scriptscriptstyle (2)}$ Subject to availability

DEPOSIT

Security deposit of ≤ 250 requested on arrival, which is not cashed. This security deposit will be fully refunded after the room has been checked. Any missing articles or damage found after your departure will be deducted from the security deposit, including cleaning of the kitchen (≤ 35). If any deductions are made from the deposit, you will be informed within 8 days.

LEISURE POOLS

Open Sunday to Thursday from 8 am to 8.30 pm. Friday & Saturday from 8 am to 9.30 pm.

This recreational area is available from 3 pm on the day of your arrival until 11 am on the day of your departure. It is not supervised and we ask our residents to respect the peace and tranquillity of this space. We ask parents to direct their children to the children's pools. You may use the bathrobe and towels provided in the apartment. You can access the pools directly from the lift wearing your bathrobe.

HOUSEKEEPING

Housekeeping on departure is included, except for the kitchen area, which is your responsibility (emptied bin, cleaned appliances, washing-up done and put away). A recycling station is located in the main car park near the entrance to the site (see details on page 29).

The b'o cottage**** residence does not allow pets.

For your seminar in Normandy, discover our tailor-made packages.

IIIII

Study day from



1 meeting room, 2 breaks and 1 lunch at b'o thermal resort

Residential seminar

from

E139incl. VAT

1 meeting room, 2 breaks, 1 night in a double room, 1 breakfast, 1 lunch and 1 dinner at b'o thermal resort

b'o resort , Tout pour être bien, et mieux encore.

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> Avenue des Thermes CS 96114 Bagnoles de l'Orne

Groups and Seminars Service groupes@bo-resort.com



HOW TO BOOK

B'o cottage**** residence is open from Saturday 4th February to Sunday 12th November 2023.

Visit our website www.bo-resort.com and make your booking online.

Our customer service advisors are happy to take your call

on +33 (0)811 90 22 33 (in France only: $\varepsilon 0.05$ per call + price of a local call)

- Monday to Friday from 8.30 am to 6 pm
- Saturday from 9.30 am to 6 pm only during the season from 06/02 to 12/11/23

You can also

Email us at the following address: conseils@bo-resort.com

> Write to us at: b'o thermal resort Avenue des Thermes - CS 96114 61140 Bagnoles de l'Orne

O COME TO BAGNOLES DE L'ORNE

• b'o thermal spa:

Avenue des Thermes,

reception from Monday to Saturday from 8 am to 12.45 pm and from 1.45 pm to 7 pm and Sunday from 8.45 am to 1 pm.

b'o cottage****:

Boulevard de la Gatinière,

reception open Sunday to Thursday from 8 am to 8 pm and Friday and Saturday from 8 am to 10 pm.

Our general terms and conditions of sale are available on request and can be found at **bo-resort.com**.

Payment methods

American Express - Mastercard - Visa - ANCV - Restaurant Tickets - Cash

When booking, you will be asked to pay a deposit of 25 % of the total amount of the package sold (including treatments and catering, etc.) and the insurance premium, if applicable.

The balance must be paid **1 month before arrival** regardless of payment method (including holiday vouchers).

Cancellation insurance

Cancellation insurance tariffs for your stay valued:

- from €0 to €400 = €14.50
- from €401 to €600 = €25.50
- from €601 to €1,200 = €33
- from €1,201 to €1,500 = €38.50
- from €1,501 to €2,000 = €47.50
- from €2,001 to €2,500 = €56
- more than €2,500 = €66

Insurance is provided by Mutuaide assistance.



Legal notices

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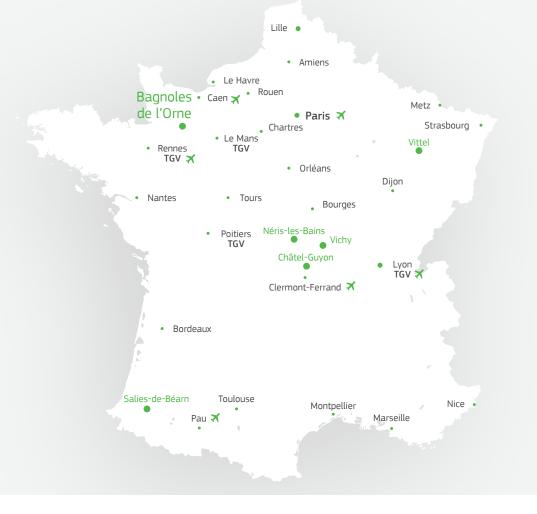


Live the b'o resort experience in full.

B'o resort combines the benefits of the thermal baths with all the comfort of its *** and **** accommodation. Also discover its thermal spa and cosmetic lines, everything you need to feel amazing inside and out!



Travel to Bagnoles de l'Orne



- · from Alençon: 45 mins
- · from Laval: 1 hr
- · from Le Mans: 1 hr 15 mins
- · from Caen: 1 hr 15 mins
- \cdot from Rouen: 2 hrs
- \cdot from Rennes: 2 hrs
- \cdot from Chartres: 2 hrs 15 mins
- \cdot from Evreux: 2 hrs 15 mins
- \cdot from Paris: 2 hrs 30 mins
- · from Amiens: 3 hrs
- · from Lille: 4 hrs 30 mins
- · from Lyon: 6 hrs 30 mins

Avenue des Thermes CS 96114 61140 Bagnoles de l'Orne conseils@bo-resort.com
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